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I have so much gratitude for this weekly practice. It has become like sanctuary in some really trying times.

AUSTEN SMITH, 2020

VIRTUAL COMMUNITY CONVERSATION & PRACTICE

When Covid arrived, we were able to shift our practices and offerings online in powerful ways that made them accessible to more people, beginning this new Virtual Community Practice series. As the future became uncertain, we drew on our core practices, our team and our incredible network of radically diverse collaborators to meet the moment and give people space to grieve, dream, heal and connect amidst the multiple pandemics of covid, anti-black violence, climate catastrophe, disaster capitalism and more. Since April 2020, we've convened over 56 freely available offerings online including stand-alone events, a 6-month series on Black/Indigenous solidarity, and multiple practice series like embodied practice, a book circle, and spoon carving. Members of our community signed up more than 2,400 times to these events; 1,665 new people have asked to hear about future offerings. This series has changed how widely we have been able to share our practices. We are grateful to and inspired by all our guests.

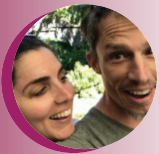


SERIES OFFERINGS 2020-2021



Expanded Knowing and Coming Together with Diné (Navajo) mother, grandmother, activist, artist, writer, and ceremonial leader **Pat McCabe** (Weyakpa Najin Win, Woman Stands Shining) *April 3, 2020*

Love in a Time of Corona embodied practice offerings by **Kavitha Rao**. Initially intended as a spring series in 2020 that expanded into the summer following the murder of George Floyd to support people's need to find ways to work with grief, fear, and rage, Kavitha returned to offer embodied practice series seasonally through 2021.



Creativity for Healing, Liberation and Envisioning with musicians **Anne & Pete Sibley** and creative ally and Standing in Our Power co-founder Taij Kumarie Moteelall *April 17, 2020*



WORKERS UNITE with **Mayra Hidalgo Salazar** from United We Dream & **Josh Carrera** from MayDay Space and CWC *May 1, 2020*



Seeding Freedom with artist, healer, grower **Naima Penniman** *May 5, 2020*



Drawing Breath with educator, agitator and artist **Dr. Yohana Junker**, *June 5, 2020*



Liberation A Juneteenth Community Dialogue and Story Session with Be Present, Inc. founder **Lillie Allen** and Delma Jackson III. *June 19, 2020*



Sound Healing with medicine woman, vocalist, composer and sound healer **gina Breedlove**, *July 17, 2020*



The Properties of Perpetual Light with Guam-born indigenous rights / environmental lawyer and poet / author **Julian Aguon** and Pasifika minister, justice educator, and Indigenous circle-keeper, **Chantilly Mers**. A 4-part practice space guided by the Aguon's groundbreaking and heart-opening book.



Karma & Carving: Spoon-carving and talk story sessions a 6-part dive into our core practices of creativity, story telling and awareness practice with CWC faculty member and Vipassana meditation teacher **Jesse Maceo Vega-Frey**, *Summer 2021*



6 part series on Black & Indigenous Solidarity:

Community Dialogue – Barriers to Black/Indigenous Solidarity **Pat McCabe** and **Delma Jackson** *August 21, 2020*



Somewhere Between Lenape and Wakanda **Dr. Shadiin Garcia & Dr. Claudia Ford**, *September 25, 2020*



Healing, Self-care and Ceremony **Pat McCabe** (Weyakpa Najin Win, Woman Stands Shining) & **Enroue 'Awo Onigbonna' Halfkenny** *October 30, 2020*



Poetry and Possibility SF Poet Laureate **Kim Shuck** & June Jordan's Poetry of the People alum **Maurisa Thompson**, *November 20, 2020*



Whiskey, Tango, Foxtrot a Year in Review: *Black/Indigenous solidarity, COVID-19, Presidential Politics, and Mass Movements* - **Delma Jackson & Dr. Shadiin Garcia** *December 11, 2020*



Braided Legacies, Sovereign Futures with herbalist, soil and seed steward, scholar, student and co-director of Northeast Farmers of Color Landtrust, **Stephanie Morningstar** and Black Kreyol farmer/peyizan, mother, soil nerd, author, and food justice activist **Leah Penniman**, *January 22, 2021*



Imperative dreaming: white identity and healthy solidarity **Dr. Shadiin Garcia, Delma Jackson, Ginny McGinn** and **Kristin Rothballer**, *February 26, 2021*



What does race have to do with it? Barriers to civic engagement and equity in Vermont **Delma Jackson** and **Senator Kesha Ram**, *April 21, 2021*



Beyond Solidarity with author, celebrated speaker, teacher, and self-styled trans-public intellectual **Bayo Akomolafe** and healer, teacher, and movement leader **Brenda Salgado**, *May 19, 2021*

